

BAGARIA BAL VIDYA NIKETAN

LAXMANGARH-SIKAR

SYLLABUS & LESSON PLANNER-2025-26

Class:-	VII
Subject:-	SST
Teacher Name:-	NARESH KUMAR

SYLLABUS

Ch.No	Name of Chapter	working day	Period	Topic	Month	Week
History Ch.01	Tracing changes through a thousand years		8	Introduction	APRIL	1,2,3,4
				New and old Terminologies		
				Historians and their sources		
				Region and Empire		
				Old and new religions		
Geography Ch.01	Environment	23	8	Introduction	APRIL	1,2,3,4
				Natural environment		
				Human Environment		
Civics Ch.01	On Equality		7	Introduction	APRIL	1,2,3,4
				Political Equality		
				Equality in Indian Democracy		
				Issues of equality in other democracies		
Geography Ch.02	Inside Our Earth	13	13	Introduction	MAY	1,2
				The emergence of new dynasties		
				Warfare for wealth		
				The administration of the empire		
Civics Ch.02	Role of the Government in Health	11	11	Introduction	JUNE	1,2
				Interior of the Earth		
				Rocks and Minerals		

History Ch.02 & 03	Kings & Kingdom The Delhi-12th to 15th Century	27	14	Introduction	JULY	1,2,3,4
				Healthcare in India		
				Public and private health care facilities		
				Healthcare and Equality		
				Introduction		
				Finding about the Delhi Sultans		
				The expansion of the Delhi Sultanate		
				Administration		
Geography Ch.03	Our changing earth	27	6	Introduction	JULY	1,2,3,4
				Endogenic and exogenic forces		
				Major landforms		
				Role of natural agents in landforms		
Civics Ch.03	How the state government works	27	7	Introduction	JULY	1,2,3,4
				Who is an MLA?		
				working of the government		
History Ch.04	The Mughals (16th to 17th Century)	24	6	Introduction	AUGUST	1,2,3,4
				Mughal military campaigns		
				Mughal relations with other rulers		
				Akbar's policies		
				The Mughal empire in the 17th century		
Geography Ch.04 & 05	Air water	24	12	Introduction	AUGUST	1,2,3,4
				Composition of the atmosphere		
				Structure of the atmosphere		
				Weather and Climate		
				Factors affecting weather and climate		
				Introduction		

				Distribution of water bodies		
				Ocean circulation		
Civics Ch.04	Growing up as Boys and Girls		6	Introduction		
				Growing up in samoa in the 1920s		
				Valuing house work		
				Lives of domestic workers		
				Women's work and equality		
Civics Ch.05 & 06	Women change the world Understanding Media		11	Introduction		
				Fewer opportunities and rigid expectations		
				Learning for change		
				Women's movement		
				Introduction		
				Media and technology		
				media and money		
				media and democracy		
				setting agenda		
History Ch.05 & 06	Tribes, Nomads and Settled Communities Devotional Paths to the Divine	22	11	Introduction	SEPT.	1,2,3,4
				Tribal societies		
				How nomads and Mobile people lived		
				The Gonds		
				The Ahoms		
				Introduction		
				The idea of supreme god		
				Nayanars and Alvars		
				Philosophy and Bhakti		
				Islam and Sufism		
REVISION & TERM-I EXAM					OCT	
				Introduction		
				Weekly market		

Civics Ch.07	Markets around us	24	8	Shops in neighbourhood	NOV	1,2,3,4				
				Chain of markets						
				Markets and equality						
Geography Ch.06	Human Environment Interactions The Tropical and the sub-tropical region	24	8	Introduction			NOV	1,2,3,4		
				Life in the Amazon basin						
				Life in the Ganga-Brahmputra Basin						
History Ch.07	The making of Regional cultures	24	8	Introduction					NOV	1,2,3,4
				Development of Malyalam						
				Rulers and religious traditions						
			The story of Kathak							
			Pirs and Temples							
Civics Ch.08	A shirt in the market	21	7	Introduction	Dec	1,2,3,4				
				cotton farming						
				Making of cloth						
			market and equality							
Geography Ch.07	Life in the Deserts	21	7	Introduction			Dec	1,2,3,4		
				The hot desert- sahara						
				The cold desert- Ladakh						
History Ch.08	Eighteenth-Century political Formations	21	7	Introduction	Dec	1,2,3,4				
				Tawa matsya Sangh						
				The Indian constitution and Equality						